

# May 2024

HS

Haddonfield School District

**CAFÉ CONTACT INFO:**

Barbara Holmes  
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had@nsfm.com  
Phone: 856-429-3960  
ext 1136

\*Menu subject to change

**Lunch Includes: Protein Grain Fruit Veggie Milk** Choose at least 3 out of 5 components—  
1 must be a fruit or veggie. You may take 2 fruits & 2 veggies!

**Lunch Prices**

Student Paid: \$4.10  
Free & Reduced Status: free!  
Adult Lunch: \$4.60

Monday	Tuesday	Wednesday	Thursday	Friday
<p>***** <b>VEGGIE PATCH:</b> Daily raw veggie choices (Carrots, Peppers, Tomatoes, Celery, Broccoli, Cucumbers) with Ranch or Hummus Dip ***** <b>FRUIT:</b> Fresh, Cupped &amp; 100% Fruit Juice ***** <b>MILK:</b> Skim White, Skim Chocolate, 1% White *****</p>		<p><b>1</b> Philly Cheese Steak Burger Hoagie  <u>Sides:</u> Baked Beans Veggie Patch Fruit Choice Milk Choice</p>	<p><b>2</b> Chicken Cheddar Ranch Sub  <u>Sides:</u> Steamed Broccoli Veggie Patch Fruit Choice Milk Choice</p>	<p><b>3</b> Passariello's Pizza Slice  <u>Sides:</u> Garden Side Salad Fruit Choice Milk Choice</p>
<p><b>6</b> Mozzarella Sticks Sauce dipping cup  <u>Sides:</u> Green Beans Veggie Patch Fruit Choice Milk Choice</p>	<p><b>7</b> Chicken Filet On a bun  <u>Sides:</u> Sweet Corn Veggie Patch Fruit Choice Milk Choice</p>	<p><b>8</b> Twin Dogs w/ fun size chips  <u>Sides:</u> Baked Beans Veggie Patch Fruit Choice Milk Choice</p>	<p><b>9</b> Chicken &amp; Waffles w/ syrup dipping cup  <u>Sides:</u> Steamed Broccoli Veggie Patch Fruit Choice Milk Choice</p>	<p><b>10</b> Passariello's Pizza Slice  <u>Sides:</u> Garden Side Salad Fruit Choice Milk Choice</p>
<p><b>13</b> Monte Cristo Sandwich  <u>Sides:</u> Green Beans Veggie Patch Fruit Choice Milk Choice</p>	<p><b>14</b> Chicken Quesadilla w/ seasoned rice  <u>Sides:</u> Sweet Corn Veggie Patch Fruit Choice Milk Choice</p>	<p><b>15</b> Pizza Crunchers  <u>Sides:</u> Baked Beans Veggie Patch Fruit Choice Milk Choice</p>	<p><b>16</b> Mac N Cheese Texas Toast  <u>Sides:</u> Steamed Broccoli Veggie Patch Fruit Choice Milk Choice</p>	<p><b>17</b> Passariello's Pizza Slice  <u>Sides:</u> Garden Side Salad Fruit Choice Milk Choice</p>
<p><b>20</b> Taco Melt Grilled cheese  <u>Sides:</u> Green Beans Veggie Patch Fruit Choice Milk Choice</p>	<p><b>21</b> Meatball Sub Sandwich  <u>Sides:</u> Sweet Corn Veggie Patch Fruit Choice Milk Choice</p>	<p><b>22</b> Max Pizza Sticks Sauce dipping cup  <u>Sides:</u> Baked Beans Veggie Patch Fruit Choice Milk Choice</p>	<p><b>23</b> Baked Chicken French Fried  <u>Sides:</u> Steamed Broccoli Veggie Patch Fruit Choice Milk Choice</p>	<p><b>24</b> Passariello's Pizza Slice  <u>Sides:</u> Garden Side Salad Fruit Choice Milk Choice</p>
<p><b>27</b> </p>	<p><b>28</b> Pizza Bar Asst toppings  <u>Sides:</u> Sweet Corn Veggie Patch Fruit Choice Milk Choice</p>	<p><b>29</b> Chicken Cheese Steak Sub  <u>Sides:</u> Baked Beans Veggie Patch Fruit Choice Milk Choice</p>	<p><b>30</b> Pizza Melt Description  <u>Sides:</u> Steamed Broccoli Veggie Patch Fruit Choice Milk Choice</p>	<p><b>31</b> Passariello's Pizza Slice  <u>Sides:</u> Garden Side Salad Fruit Choice Milk Choice</p>

View your lunch account: [www.schoolpaymentportal.com](http://www.schoolpaymentportal.com)



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# Bulldawg Café

Haddonfield School District

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 This institution is an equal opportunity provider.

Get the best **DEAL...Make it a MEAL!**



Pizza Meal	Hot Sandwich Meal	Cold Sandwich Meal	Salad Meal	Werkz Bar Meal
Nardones French Bread Pizza (Monday-Friday)	Grill Cheese Cheeseburger Chicken Nuggets w/roll (Monday, Wednesday, Friday) Chicken Patty Corn Dog (Tuesday & Thursday)	Turkey & Cheese Hoagie Italian Hoagie Chicken Salad Wrap (Monday, Wednesday, Friday) Ham & Cheese Hoagie American Hoagie (Tuesday & Thursday)	Garden Salad w/ egg & cheese w/ dinner Roll Chef Salad w/ dinner roll Chicken Caesar Salad w/ dinner roll (Monday-Friday)	Pasta Werks (M) Taco Werkz (T) Asian Werks (W) Hamburg Werks (T) Breakfast Werks (F)

First choose your meal (**PROTEIN** and **GRAIN**). Then choose at least 1 fruit or veggie. You may take up to 2 fruits & 2 veggies! Milk is included.

Side Salad	\$ 1.75
Cookie	\$ 0.75
Soft Pretzel	\$ 1.00
Assorted Chips	\$ .60 - \$1.75
Fresh Fruit	\$ 0.50
Yogurt Parfait	\$2.00
Whole grain soft pretzel	\$1.00
Granola	\$1.25
Canned Drinks	\$1.75
Small Water	\$ 1.00
Lg Water	\$ 1.50
Low Cal Gatorade	\$3.00
Snapple	\$3.00
Snapple	\$ 0.00

## What makes a meal?

The USDA (United States Department of Agriculture) governs school lunch. USDA defines a meal as containing a protein, grain, fruit, veggie and milk. Schools must offer all of these components but students are only required to take 3 out of 5 of these components with one being a fruit or veggie.

- Protein:** animal meats, cheese, yogurt, certain legumes.
- Grain:** breads, crackers, pasta, cereal, tortilla chips.
- Milk:** Fluid milk— must be non fat sweetened, non fat unsweetened or low fat unsweetened.
- Fruit:** whole fruit, cupped fruit or 100% fruit juice. You may take 1 or 2 servings.
- Veggie:** salad, raw veggies, cooked veggies. You may take 1 or 2 servings.