

May 2024

MS Haddonfield School District

CAFÉ CONTACT INFO:

Barbara Holmes
FSD
had@nsfm.com
Phone: 856-429-3960
ext 1136

*Menu subject to change

Lunch Includes: Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components—
1 must be a fruit or veggie. You may take 2 fruits & 2 veggies!

Lunch Prices

Student Paid: \$4.10
Free & Reduced Status: free!
Adult Lunch: \$4.60

Monday	Tuesday	Wednesday	Thursday	Friday
<p>***** VEGGIE PATCH: Daily raw veggie choices (Carrots, Peppers, Tomatoes, Celery, Broccoli, Cucumbers) with Ranch or Hummus Dip *****</p> <p>FRUIT: Fresh, Cupped & 100% Fruit Juice Tuesday & Thursday only *****</p> <p>MILK: Skim White, Skim Chocolate, 1% White *****</p>		<p>1 Philly Cheese Steak Burger Hoagie</p> <p><u>Sides:</u> Baked Beans Carrots Ranch Fruit Choice Milk Choice</p>	<p>2 Chicken Cheddar Ranch Sub</p> <p><u>Sides:</u> Steamed Broccoli Celery w/ ranch Fruit Choice Milk Choice</p>	<p>3 Passariello's Pizza Slice</p> <p><u>Sides:</u> Garden Side Salad Fruit Choice Milk Choice</p>
<p>6 Mozzarella Sticks Sauce dipping cup</p> <p><u>Sides:</u> Green Beans Tomatoes & Ranch Fruit Choice Milk Choice</p>	<p>7 Chicken Filet On a bun</p> <p><u>Sides:</u> Sweet Corn Cucumbers w/ ranch Fruit Choice Milk Choice</p>	<p>8 Twin Dogs w/ fun size chips</p> <p><u>Sides:</u> Baked Beans Carrots Ranch Fruit Choice Milk Choice</p>	<p>9 Chicken & Waffles w/ syrup dipping cup</p> <p><u>Sides:</u> Steamed Broccoli Celery w/ ranch Fruit Choice Milk Choice</p>	<p>10 Passariello's Pizza Slice</p> <p><u>Sides:</u> Garden Side Salad Fruit Choice Milk Choice</p>
<p>13 Monte Cristo Sandwich</p> <p><u>Sides:</u> Green Beans Tomatoes & Ranch Fruit Choice Milk Choice</p>	<p>14 Chicken Quesadilla w/ seasoned rice</p> <p><u>Sides:</u> Sweet Corn Cucumbers w/ ranch Fruit Choice Milk Choice</p>	<p>15 Pizza Crunchers</p> <p><u>Sides:</u> Baked Beans Carrots Ranch Fruit Choice Milk Choice</p>	<p>16 Mac N Cheese Texas Toast</p> <p><u>Sides:</u> Steamed Broccoli Celery w/ ranch Fruit Choice Milk Choice</p>	<p>17 Passariello's Pizza Slice</p> <p><u>Sides:</u> Garden Side Salad Fruit Choice Milk Choice</p>
<p>20 Taco Melt Grilled cheese</p> <p><u>Sides:</u> Green Beans Tomatoes & Ranch Fruit Choice Milk Choice</p>	<p>21 Meatball Sub Sandwich</p> <p><u>Sides:</u> Sweet Corn Cucumbers w/ ranch Fruit Choice Milk Choice</p>	<p>22 Max Pizza Sticks Sauce dipping cup</p> <p><u>Sides:</u> Baked Beans Carrots Ranch Fruit Choice Milk Choice</p>	<p>23 Baked Chicken French Fried</p> <p><u>Sides:</u> Steamed Broccoli Celery w/ ranch Fruit Choice Milk Choice</p>	<p>24 Passariello's Pizza Slice</p> <p><u>Sides:</u> Garden Side Salad Fruit Choice Milk Choice</p>
<p>27</p> 	<p>28 Pizza Bar Asst toppings <u>Sides:</u> Sweet Corn Cucumbers w/ ranch Fruit Choice Milk Choice</p>	<p>29 Chicken Cheese Steak Sub</p> <p><u>Sides:</u> Baked Beans Carrots Ranch Fruit Choice Milk Choice</p>	<p>30 Pizza Melt Description</p> <p><u>Sides:</u> Steamed Broccoli Celery w/ ranch Fruit Choice Milk Choice</p>	<p>31 Passariello's Pizza Slice</p> <p><u>Sides:</u> Garden Side Salad Fruit Choice Milk Choice</p>

View your lunch account: www.schoolpaymentportal.com



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Bulldawg Café

Haddonfield School District

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 This institution is an equal opportunity provider.

Get the best **DEAL...Make it a MEAL!**



Pizza Meal	Hot Sandwich Meal	Cold Sandwich Meal	Salad Meal	Werkz Bar Meal
Nardones French Bread Pizza (Monday-Friday)	Grill Cheese Cheeseburger Chicken Nuggets w/roll (Monday, Wednesday, Friday) Chicken Patty Mozzarella Sticks (Tuesday & Thursday)	Turkey & Cheese Hoagie Italian Hoagie Chicken Salad Wrap (Monday, Wednesday, Friday) Ham & Cheese Hoagie American Hoagie (Tuesday & Thursday)	Garden Salad w/ egg & cheese w/ dinner Roll Chef Salad w/ dinner roll Chicken Caesar Salad w/ dinner roll (Monday-Friday)	Pasta Werks (M) Taco Werkz (T) Asian Werks (W) Hamburg Werks (T) Breakfast Werks (F)

First choose your meal (**PROTEIN** and **GRAIN**). Then choose at least 1 fruit or veggie. You may take up to 2 fruits & 2 veggies! Milk is included.

Side Salad	\$ 1.75
Cookie	\$ 0.75
Soft Pretzel	\$ 1.00
Assorted Chips	\$.60 - \$1.75
Fresh Fruit	\$ 0.50
Yogurt Parfait	\$2.00
Whole grain soft pretzel	\$1.00
Granola	\$1.25
Canned Drinks	\$1.75
Small Water	\$ 1.00
Lg Water	\$ 1.50
Low Cal Gatorade	\$3.00
Snapple	\$3.00
Snapple	\$ 0.00

What makes a meal?

The USDA (United States Department of Agriculture) governs school lunch. USDA defines a meal as containing a protein, grain, fruit, veggie and milk. Schools must offer all of these components but students are only required to take 3 out of 5 of these components with one being a fruit or veggie.

- Protein:** animal meats, cheese, yogurt, certain legumes.
- Grain:** breads, crackers, pasta, cereal, tortilla chips.
- Milk:** Fluid milk– must be non fat sweetened, non fat unsweetened or low fat unsweetened.
- Fruit:** whole fruit, cupped fruit or 100% fruit juice. You may take 1 or 2 servings.
- Veggie:** salad, raw veggies, cooked veggies. You may take 1 or 2 servings.