



Meet Your Nutritious Friend:  
"Papa" Corn

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	<p>1</p> <p>Nachos Grande with Tortilla Chips</p> <p>Hot Dog on a Bun</p> <p><b>FEATURED VEGGIES</b> Sweet Corn Veggie Patch</p>	<p>2</p> <p>French toast Stick with Sausage Patty</p> <p>Taco Salad w/ roll</p> <p><b>FEATURED VEGGIES</b> Hash Brown Potato Fresh Cucumber Slices</p>	<p>3</p> <p>No School</p> <p>Rosh Hashanah</p>	<p>4</p> <p>Season Pizza by the Slice</p> <p>American Hoagie</p> <p><b>FEATURED VEGGIES</b> Side Salad Veggie Patch</p>	<p><b>What is a Meal?</b></p> <p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p><b>Choice of Vegetable</b></p> <p>Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p><b>Choice of Fruit</b></p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b></p> <p>1% white, fat-free white, chocolate, vanilla, and strawberry</p>
<p>7</p> <p>Italian Meatballs &amp; Cheese on a Roll</p> <p>Chicken Caesar Salad w/ dinner Roll</p> <p><b>FEATURED VEGGIES</b> Green Beans Veggie Patch</p>	<p>8</p> <p>Mac &amp; Cheese (V)</p> <p>Hot Dog on a Bun</p> <p><b>FEATURED VEGGIES</b> Green Beans Caesar Side Salad</p>	<p>9</p> <p>Toasted Pizza Flatbread Sandwich</p> <p>Taco Salad w/roll</p> <p><b>FEATURED VEGGIES</b> Baked Beans Green Pepper Strips</p>	<p>10</p> <p>BBQ Ribby on a Bun</p> <p>Pizza Kit</p> <p><b>FEATURED VEGGIES</b> Corn Veggie Patch</p>	<p>11</p> <p>Season Pizza by the slice</p> <p>American Hoagie</p> <p><b>FEATURED VEGGIES</b> Side Salad Veggie Patch</p>	<p><b>Daily Alternates</b></p> <p>Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps</p>
<p>14</p> <p>Turkey, Ham &amp; Cheese on a Croissant</p> <p>Chicken Caesar Salad w/ dinner Roll</p> <p><b>FEATURED VEGGIES</b> Green Beans Veggie Patch</p>	<p>15</p> <p>Mozzarella Stick w/ marinara cup</p> <p>Hot Dog on a Bun</p> <p><b>FEATURED VEGGIES</b> Sweet Corn Celery Sticks</p>	<p>16</p> <p>Asian Sesame Chicken over Rice</p> <p>Taco Salad w/ roll</p> <p><b>FEATURED VEGGIES</b> Steamed Broccoli Carrot Sticks</p>	<p>17</p> <p>Hot Ham &amp; Cheese on a Pretzel Roll</p> <p>Pizza Kit</p> <p><b>FEATURED VEGGIES</b> Baked Beans Veggie Patch</p>	<p>18</p> <p>Season Pizza By The Slice</p> <p>American Hoagie</p> <p><b>FEATURED VEGGIES</b> Side Salad Veggie Patch</p>	<p><b>(V) Vegetarian</b></p> <p><i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p><b>(VG) Vegan</b></p> <p><i>These items do not contain any animal products</i></p>
<p>21</p> <p>Toasted Cheese Sandwich (V)</p> <p>Chicken Caesar Salad w/ dinner Roll</p> <p><b>FEATURED VEGGIES</b> French Fries Veggie Patch</p>	<p>22</p> <p>Beef Soft Tacos</p> <p>Hot Dog on a Bun</p> <p><b>FEATURED VEGGIES</b> Baked Beans Lettuce &amp; Tomato</p>	<p>23</p> <p>Cowboy Burger on a Bun</p> <p>Taco Salad w/ roll</p> <p><b>FEATURED VEGGIES</b> Glazed Carrots Carrot Sticks</p>	<p>24</p> <p>Corn Dog</p> <p>Pizza Kit</p> <p><b>FEATURED VEGGIES</b> Curly Fries Broccoli Bites</p>	<p>25</p> <p>Season Pizza by the slice</p> <p>American Hoagie</p> <p><b>FEATURED VEGGIES</b> Side Salad Veggie Patch</p>	
<p>28</p> <p>Egg &amp; Cheese Waffle Flatbread Sandwich (V)</p> <p>Chicken Caesar Salad w/ dinner Roll</p> <p><b>FEATURED VEGGIES</b> Green Beans Red Pepper Strips</p>	<p>29</p> <p>Buffalo Chicken &amp; Cheese Flatbread</p> <p>Hot Dog on a Bun</p> <p><b>FEATURED VEGGIES</b> Mexicali Corn Celery Sticks</p>	<p>30</p> <p>Cheesesteak on a Roll</p> <p>Taco Salad w/ roll</p> <p><b>FEATURED VEGGIES</b> Tater Tots Ranchero Carrots</p>	<p>31</p> <p>Season Pizza Slice</p> <p>Cereal Meal</p> <p>Halloween Celebrations</p> <p><b>FEATURED VEGGIES</b> Celery Sticks with Ranch</p>		

**Your Team**  
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**Meal Prices**

Student Lunch	\$3.45
Teachers Lunch	\$4.60



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.