

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<b>Werkz: Pasta!</b> Choice of two daily pasta, alternating daily sauces, fresh baked breads, fresh bruschetta, and herbed parmesan cheese. Customizable for (V)					<b>What is a Meal?</b> Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
<b>3</b> General Tso's Chicken over White Rice  <b>FEATURED VEGGIES</b> Steamed Broccoli Cucumber Salad	<b>4</b> Beef Enchilada Black Bean Enchilada (V)  <b>FEATURED VEGGIES</b> Curly Fries Veggie Patch	<b>5</b> Orange chicken with Scallions over white rice  <b>FEATURED VEGGIES</b> Seasoned Green Beans Cucumber & Tomato Salad	<b>6</b> Grilled Ham & Cheese  <b>FEATURED VEGGIES</b> Tomato Soup Celery Sticks	<b>7</b> Season Pizza Slice  <b>FEATURED VEGGIES</b> Side Salad Veggie Patch	
<b>Werkz: Nacho Bar:</b> Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)					<b>Choice of Vegetable</b> Hot vegetable, leafy salad,, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry
<b>10</b> Italian Meatball & Cheese on Toasted Baguette  <b>FEATURED VEGGIES</b> Green Beans Veggie Patch	<b>11</b> Pepper Steak Bowl with Chow Mein Noodles  <b>FEATURED VEGGIES</b> Sweet Chili Brussels Veggie Patch	<b>12</b> Pizza Crunchers with pasta marinara  <b>FEATURED VEGGIES</b> Baked Beans Veggie Patch	<b>13</b> Hawaiian Pork Sandwich on a Toasted Ciabatta  <b>FEATURED VEGGIES</b> Cheesy Broccoli Veggie Patch	<b>14</b> Season Pizza Slice  <b>FEATURED VEGGIES</b> Side Salad Veggie Patch	
<b>Werkz: Potato Bar!</b> Choice of baked potato, French Fries, Beef and Gravy, chicken & Gravy, Sautee Red Peppers, Broccoli, cheese, Sour Cream, breadstick					<b>Daily Alternates</b> Fresh Entree Salads Garden Chicken Caesar, Chef Salad  Cold sandwiches, Italian Hoagie Turkey and cheese Hoagie Chicken Caesar Salad wrap Deli Bar  Daily Hot Sandwiches Chicken Patties burgers, taco Chicken Cheese wrap Chicken nuggets with roll Beef and Cheddar wrap Grilled Cheese Taco chicken cheese wrap Corn dogs Pizza Daily
<b>17</b>	<b>18</b>	<b>19</b> Loaded Pierogies with Garlic bread  <b>FEATURED VEGGIES</b> Roasted Sweet Potatoes Veggie Patch	<b>20</b> Buffalo Chicken Dip over Tortilla chips  <b>FEATURED VEGGIES</b> Lemon Parm Broccoli Veggie Patch	<b>21</b> Season Pizza Slice  <b>FEATURED VEGGIES</b> Side Salad Veggie Patch	
<b>Werkz: Hamburger Burger, Bun, Bacon, Assorted Cheeses, Pickels, Hot or sweet peppers, Lettuce, Tomato, Onions, Onion Rings.</b>					
<b>24</b> Build your Own Breakfast Sandwich  <b>FEATURED VEGGIES</b> Steamed Mixed Veggies Veggie Patch	<b>25</b> Indian Butter Chicken with Lemon Scented Rice & Warm Flatbread  <b>FEATURED VEGGIES</b> Glazed Carrots Veggie Patch	<b>26</b> Hawaiian Pork Sandwich on Toasted Ciabatta  <b>FEATURED VEGGIES</b> Sweet Potato Fries Veggie Patch	<b>27</b> Fresh Dough Classic Stromboli with Marinara  <b>FEATURED VEGGIES</b> Roasted Zucchini Veggie Patch	<b>28</b> Season Pizza Slice  <b>FEATURED VEGGIES</b> Side Salad Veggie Patch	
<b>Your Team</b> <b>Barbara Holmes, Food Service Director</b> 856-429-3960 ext. 1136 <a href="mailto:ma1538@metzcorp.com">ma1538@metzcorp.com</a>					<b>Meal Prices</b> Student Lunch \$4.10 Reduced Lunch \$0.00 Faculty Lunch \$4.60
					

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

