



**Meet Your Nutritious Friend:
Radical Radish**

| Monday | Tuesday | Wednesday | Thursday | Friday | Offered Daily |
|---|--|--|---|---|---|
| <p>3 Eggo Fruit Loop Waffles Sausage patty, syrup cup Hot Dog on a bun</p> <p>FEATURED VEGGIES Green Beans Tomatoes w/ranch</p> | <p>4 Chicken Patty on a Bun Walking Taco with Pretzel Stick</p> <p>FEATURED VEGGIES Sweet Corn Celery w/ ranch</p> | <p>5 Cheesesteak on a Roll Garden Salad with goldfish crackers</p> <p>FEATURED VEGGIES Tater Tots/ Baked Beans Cucumber slices</p> | <p>6 Meatballs, Marinara over Penne with Garlic Bread Pizza Kit</p> <p>FEATURED VEGGIES Steamed Broccoli Celery Sticks with Ranch</p> | <p>7 Season Pizza Slice Italian Hoagie</p> <p>FEATURED VEGGIES Side Salad Veggie Patch</p> | <p>What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable Hot vegetable, leafy salad, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry</p> |
| <p>10 Pizza Crunchers Dutch Waffle with Sausage & Syrup cup</p> <p>FEATURED VEGGIES Green Beans Tomatoes w/ranch</p> | <p>11 Nacho's Grande with Tortilla chips Toasted Pizza Flatbread Sandwich</p> <p>FEATURED VEGGIES Latin Inspired Beans Golden Corn</p> | <p>12 Breakfast Wrap Chicken Caesar Salad with Goldfish</p> <p>FEATURED VEGGIES Tri Patty/Baked Beans Cucumber Slices w/ Ranch</p> | <p>13 Macaroni & Cheese w/bread stick Pizza Kit</p> <p>FEATURED VEGGIES Stewed Tomatoes Apple Cider Slaw</p> | <p>14 Seasons Pizza Slice American Hoagie</p> <p>FEATURED VEGGIES Side Salad Veggie Patch</p> | |
| <p>17 Chicken & Mashed Potato Bowl with Roll Hot Dog on a Bun</p> <p>FEATURED VEGGIES Mashed Potatoes Baby Carrots</p> | <p>18 Spaghetti w/meat sauce and garlic break stick Walking Taco with pretzel stick</p> <p>FEATURED VEGGIES Green Beans Celery w/ranch</p> | <p>19 Egg & Cheese Waffle Flatbread Sandwich (V) Garden Salad with egg, cheese ,goldfish</p> <p>FEATURED VEGGIES Hash Brown Potato Cucumber Slices w/Ranch</p> | <p>20 Chicken Patty on a Bun Taco Salad with Corn chips</p> <p>FEATURED VEGGIES Steamed Corn Romaine Salad</p> | <p>21 Seasons Pizza Slice Italian Hoagie</p> <p>FEATURED VEGGIES Side Salad Veggie Patch</p> | |
| <p>24 Italian Meatballs & Cheese on a Roll Hot Dog on a Bun</p> <p>FEATURED VEGGIES Oven Fries Tomato w/ Ranch</p> | <p>25 Mozzarella Sticks w/ pasta marinara Cheeseburger Lettuce, Tomato, Pickles</p> <p>FEATURED VEGGIES Green Beans Celery w/ Ranch</p> | <p>26 French Toast Sticks Sausage Patty, Syrup cup Chicken Caesar Salad w/ dinner roll</p> <p>FEATURED VEGGIES Hash brown corn Cucumber Slices w/ranch</p> | <p>27 Cheeseburger Tater Tot Bowl Pizza Kit</p> <p>FEATURED VEGGIES Tomato Soup Corn Salad</p> | <p>28 Seasons Pizza Slice American Hoagie</p> <p>FEATURED VEGGIES Side Salad Veggie Patch</p> | |
| <p>31 Cheese Steak w/fun size bag of lays chips Hot Dog on a Bun</p> <p>FEATURED VEGGIES Green Beans Tomato w/ Ranch</p> | | | | | |

Your Team
Barbara Holmes , Food Service Director
856-429-3960 ext. 1136
ma1538@metzcorp.com

Meal Prices

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| Student Lunch | \$3.45 |
| Reduced Lunch | Free |
| Faculty Lunch | \$4.60 |

