

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
Werkz: Pasta Bar					What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
	1 Chicken Nuggets with butter noodles, roll FEATURED VEGGIES Corn Veggie Patch	2 Loaded Pierogies with garlic breadstick FEATURED VEGGIES BBQ Baked Beans Veggie Patch	3 Chicken Buffalo dip with Nacho's FEATURED VEGGIES Steamed Mixed Veggies Veggie Patch	4 Season's Pizza Slice FEATURED VEGGIES Side Salad Veggie Patch	
Werkz: Nacho Bar					Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry Daily Alternates Monday , Wednesday & Friday Grill Cheese, Cheese burger, Chicken Nuggets, Pizza Turkey & Cheese Hoagie, Italian Hoagie, chicken Salad Wrap, Garden Salad w/egg& cheese roll, Chef Salad, Chicken Caesar Salad Tuesday & Thursday Chicken Patty, Corn Dogs, Pizza, Ham & Cheese Hoagie, American Hoagie, Garden Salad w/ egg & Cheese, Chef Salad, Chicken Caesar Salad
7 Pasta & Mozzarella Sticks FEATURED VEGGIES Seasoned Green Beans Veggie Patch	8 Waffle Sticks & Chicken w/ syrup cup FEATURED VEGGIES Ranch Sweet corn Veggie Patch	9 Hot Ham & Cheese on Pretzel bun FEATURED VEGGIES French Fries Veggie Patch	10 Buffalo Wings with a breadstick FEATURED VEGGIES Baked Beans Veggie Patch	11 Season's Pizza Slice FEATURED VEGGIES Side Salad Veggie Patch	
Werkz: Potato Bar					
14 Hot Dog Bar FEATURED VEGGIES French Fries Veggie Patch	15 Pizza Crunchers with Butter Pasta FEATURED VEGGIES Steamed Golden Corn Veggie Patch	16 Cheese Steak with French Fries FEATURED VEGGIES French Fries/ Broccoli Veggie Patch	17 Season's Pizza Slice FEATURED VEGGIES Side Salad Veggie Patch	18	
Werkz: Hamburger Bar					
21	22	23	24	25	
Werkz: Pasta! Breakfast Bar					
28 General Tso's Chicken over White Rice FEATURED VEGGIES Steamed Broccoli Veggie Patch	29 Chicken Quesadilla with all the Fixings FEATURED VEGGIES Curly Fries/Corn Veggie Patch	30 Chicken Tenders with mashed Potato gravy dinner roll FEATURED VEGGIES Green Beans Veggie Patch			
Your Team Barbara Holmes, Food Service Director 856-429-3960 ext. 1136 ma1538@metzcorp.com			Meal Prices Student Lunch \$4.10-\$4.60 Reduced Lunch \$0.00 Faculty Lunch \$4.60-\$5.00		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

