

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
made-to-order!	Pasta Bar Monday!! Choice of 2 pasta, marinara sauce, alfredo sauce, meatballs, chicken, broccoli, garlic toast				
29	30	31	1	2	<p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.</p>
made-to-order!	Poblano's Mex-American! Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, and nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)				
5 Cheeseburger Tater Tot Bowl Customizable for (V)	6 Orange Chicken with Scallions over Fried Rice	7 Dip & Dust Wings with Garlic Knot	8 Dutch Waffle with Sausage Patty	9 Seasons Pizza Slice	<p>Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry</p>
FEATURED VEGGIES Tater Tots Baby Carrots	FEATURED VEGGIES Sesame Green Beans Caesar Salad	FEATURED VEGGIES BBQ Baked Beans Steamed Mixed Veggies	FEATURED VEGGIES Sidewinder Fries Tomato Mozzarella Salad	FEATURED VEGGIES Side Salad Baby Carrots	
made-to-order!	Potato Bar Wednesday!! Choice of Baked Potato, French fries, mashed potatoes, cheese sauce, broccoli, beef crumbles w/ gravy, Chicken, bacon, sour cream, scallions, crispy onions				
12 Fresh Dough Classic Stromboli Roll with Marinara	13 Tenders with Mashed Potatoes, dinner roll	14 Hawaiian Pork Sandwich on Toasted Ciabatta	15 Build-Your-Own Breakfast Sandwich Customizable for (V)	16 Seasons Pizza Slice	<p>Daily Alternates</p> <p>Salad, Garden Salad, Caesar Salad Grab and Go Sandwiches Pizza Cheese Steaks, Chicken Nuggets, Cheeseburgers, Mozzarella Sticks, Pizza Crunchers, Corn Dog, Deli Bar</p>
FEATURED VEGGIES Side Salad	FEATURED VEGGIES Sweet Corn/ Mashed Potato	FEATURED VEGGIES Sweet Potato Fries Fresh Pineapple Slaw	FEATURED VEGGIES Tri Hash Brown Fresh Cucumbers	FEATURED VEGGIES Side Salad Baby Carrots	
made-to-order!	Hamburger Bar Thursday!! , Choice of Roll, Cheese, lettuce, tomatoes, onions, pickles, onion rings, French fries				
19 School Closed	20 Chicken cheese Quesadilla	21 Smoky Beef Chili with Warm Cornbread	22 Variety of Toasted Crafted Flatbreads Cheese Flatbread Quesadilla (V)	23 Seasons Pizza Slice	
FEATURED VEGGIES Steamed Golden Corn Baby Carrots	FEATURED VEGGIES Broccoli Fresh Cauliflower	FEATURED VEGGIES Steamed Garden Peas Tomato Mozzarella Salad	FEATURED VEGGIES Side Salad Baby Carrots		
made-to-order!	Mac & Cheese! Noodles with choice of house-made cheese sauce. Add taco beef, pulled pork, buffalo chicken, or chili. Served with roasted lemon-parmesan broccoli, sauteed red peppers, and choice of shredded cheese. Customizable for (V)				
26 Open Faced Hot Turkey Sandwich with French Fries Mozzarella Bruschetta Sandwich (V)	27 Buffalo Chicken or Seasoned Steak over French Fries	28 Buffalo chicken Sandwich with all the fixings	29 Cheese Sticks with Marinara Sauce	30 Seasons Pizza Slice	
FEATURED VEGGIES French Fries/ Green Beans Fresh Bruschetta	FEATURED VEGGIES Crinkle Cut Oven Fries Tossed Salad	FEATURED VEGGIES Sweet Potato Fries Chickpea Salad	FEATURED VEGGIES BBQ Baked Beans Coleslaw	FEATURED VEGGIES Side Salad Baby Carrots	
Your Team Barbara Holmes, Food Service Director 856-429-3960 ext.1136 had@nsf.com		Meal Prices Student Lunch \$4.10 Reduced Lunch \$0.00 Faculty Lunch \$4.60			 

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

