

Monday	Tuesday	Wednesday	Thursday	Friday	<div>What is a Meal?</div> <p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"><li>- Choice of Whole Grain</li><li>- Choice of Protein</li><li>- Choice of Vegetable</li><li>- Choice of Fruit</li><li>- Choice of Milk</li></ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <div>Choice of Vegetable</div> <p>Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <div>Choice of Fruit</div> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <div>Choice of Milk</div> <p>1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry</p> <div>Daily Alternates</div> <p>Salad, Garden Salad, Caesar Salad Grab and Go Sandwiches Pizza Cheese Steaks, Chicken Nuggets, Cheeseburgers, Mozzarella Sticks, Pizza Crunchers, Corn Dog, Deli Bar</p>
<div>made-to-order!</div> <div>Pasta Bar Monday!!Choice of 2 pasta, marinara sauce, alfredo sauce, meatballs, chicken, broccoli, garlic toast</div>					
29	30	31	1	2	
<div>made-to-order!</div> <div>Poblano's Mex-American! Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, and nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)</div>					
5	6	7	8	9	
<div>Cheeseburger</div> <div>Tater Tot Bowl</div> <div>Customizable for (V)</div> <div>FEATURED VEGGIES</div> <div>Tater Tots</div> <div>Baby Carrots</div>	<div>Orange Chicken with Scallions over Fried Rice</div> <div>FEATURED VEGGIES</div> <div>Sesame Green Beans</div> <div>Caesar Salad</div>	<div>Dip &amp; Dust Wings with Garlic Knot</div> <div>FEATURED VEGGIES</div> <div>BBQ Baked Beans</div> <div>Steamed Mixed Veggies</div>	<div>Dutch Waffle with sausage patty</div> <div>FEATURED VEGGIES</div> <div>Sidewinder Fries</div> <div>Tomato Mozzarella Salad</div>	<div>Seasons Pizza Slice</div> <div>FEATURED VEGGIES</div> <div>Side Salad</div> <div>Baby Carrots</div>	
<div>made-to-order!</div> <div>Deli Bar Wednesday !!!choice of Roll, Bread, Wrap, ham, turkey, salami, capicola, American cheese, provolone cheese, lettuce, tomatoes, onions, peppers, sweet peppers, pickles,</div>					
12	13	14	15	16	
<div>Fresh Dough Classic Stromboli Roll with Marinara</div> <div>FEATURED VEGGIES</div> <div>Side Salad</div>	<div>Chicken Tenders with mashed potatoes, roll</div> <div>FEATURED VEGGIES</div> <div>Sweet Corn</div>	<div>Open Faced Hot Turkey Sandwich with French Fries</div> <div>FEATURED VEGGIES</div> <div>Green Beans</div> <div>Fresh Pineapple Slaw</div>	<div>Build-Your-Own Breakfast Sandwich</div> <div>Customizable for (V)</div> <div>FEATURED VEGGIES</div> <div>Tri Hash Brown</div> <div>Fresh Cucumbers</div>	<div>Seasons Pizza Slice</div> <div>FEATURED VEGGIES</div> <div>Side Salad</div> <div>Baby Carrots</div>	
<div>made-to-order!</div> <div>Hamburger Bar Thursday!! , Choice of Roll, Cheese, lettuce, tomatoes, onions, pickles, onion rings, French fries</div>					
19	20	21	22	23	
<div>School Closed</div>	<div>Chicken cheese Quesadilla</div> <div>FEATURED VEGGIES</div> <div>Steamed Golden Corn</div> <div>Baby Carrots</div>	<div>Smoky Beef Chili with Warm Cornbread</div> <div>FEATURED VEGGIES</div> <div>Broccoli</div> <div>Fresh Cauliflower</div>	<div>Variety of Toasted Crafted Flatbreads</div> <div>Cheese Flatbread Quesadilla (V)</div> <div>FEATURED VEGGIES</div> <div>Steamed Garden Peas</div> <div>Tomato Mozzarella Salad</div>	<div>Seasons Pizza Slice</div> <div>FEATURED VEGGIES</div> <div>Side Salad</div> <div>Baby Carrots</div>	
<div>made-to-order!</div> <div>Breakfast bar Friday!! French toast, egg patty, fried potatoes, sausage, bacon, toast, cheese sauce</div>					
26	27	28	29	30	
<div>Assorted Grilled cheese Sandwiches</div> <div>FEATURED VEGGIES</div> <div>Tomato Soup</div> <div>Green Beans</div>	<div>Buffalo Chicken or Seasoned Steak over French Fries</div> <div>FEATURED VEGGIES</div> <div>Crinkle Cut Oven Fries</div> <div>Sweet Corn</div>	<div>Nashville Hot Chicken Maple Flatbread</div> <div>FEATURED VEGGIES</div> <div>Sweet Potato Fries</div> <div>Chickpea Salad</div>	<div>Max Sticks with Marinara Sauce</div> <div>FEATURED VEGGIES</div> <div>Steamed Broccoli</div>	<div>Seasons Pizza Slice</div> <div>FEATURED VEGGIES</div> <div>Side Salad</div> <div>Baby Carrots</div>	
<div>Your Team</div> <div>Barbara Holmes, Food Service Director</div> <div>856-429-3960 ext.1136</div> <div>had@nsfm.com</div>		<div>Meal Prices</div> <div>Student Lunch \$4.10</div> <div>Reduced Lunch \$0.00</div> <div>Faculty Lunch \$4.60</div>		<div>QR Code</div> <div>NUTRI-SERVE</div> <div>FOOD MANAGEMENT, INC. by Metz</div>	

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

