



Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry Daily Alternates Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches & Wraps (V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i>
made to order!					
1	2	3	4	5	
Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	
made to order!					
8	9	10	11	12	
Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	Chefs Choice	
made to order!					
15	16	17	18	19	
Half Day	Half Day	Half Day			
made to order!					
22	23	24	25	26	
made to order!					
29	30				
Your Team Barbara Holmes, Food Service Director 856-429-3960 ext. 1136 email@nsfm.com		Meal Prices Student Lunch \$4.10-4.60 Reduced Lunch \$0.00 Faculty Lunch \$4.60			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

