

September 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31

1

2

3

4

7

Labor Day

8

½ Day No Lunch

9

½ Day No Lunch

10

Italian Toaster Sandwich

11

Seasons Slice Pizza

14

Breaded Chicken Drumstick
with Mini Waffles

15

Tajin Mojo Chicken with Rice

16

Louisiana Chicken Gumbo
with Rice

17

Birria Pork Tacos with Pickled
Onions & Fresh Pico
Black Bean Burger (V)

18

Seasons Slice Pizza

Sidewinder Fries/ Veggie Patch
Fruit Choice

Roasted BBQ Cauliflower
Fruit Choice

Romaine Tossed Salad
Fruit Choice

BBQ Baked Beans
Coleslaw

Side Salad/ Veggie Patch
Asst. Fruits

21

Chicken Bruschetta Sandwich
on Toasted Rosemary Focaccia
Roll

22

Chicken Caesar Waffle Fries
with Dinner Rolls

23

Nashville Hot Chicken
Maple Flatbread

24

Chicken Cheesesteak
Birria Beef Cheesesteak
with Pickled Red Onions

25

Seasons Slice Pizza

Mozzarella Bruschetta
Sandwich (V)

Zoodles Marinara/Veggie Patch
Fruit Choice

Waffle Fries/ Veggie Patch
Fruit Choice

Sweet Potato Fries
Baked Beans

Sauteed Peppers & Onions
Fresh Grape Tomatoes

Side Salad/ Veggie Patch
Asst. Fruits

28

General Tso's Chicken
over Brown Rice

Steamed Edamame
over Brown Rice (V)

29

Chicken Rosa Sandwich

30

Sausage, Egg & Cheese
Waffle Flatbread Sandwich

1

Chicken & Mashed
Potato Bowl with Roll

2

Seasons Slice Pizza

Steamed Broccoli/Veggie Patch
Fruit Choice

Steamed Corn/ Veggie Patch
Fruit Choice

Hash Brown Potato
Cucumber Slices

Green Beans/ Veggie Patch

Side Salad/ Veggie Patch
Asst. Fruits

MAKE IT A MEAL!

Choose at least 3 of 5 meal components
for the school lunch price:
Meat/Meat Alternative, Whole Grain,
Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or
vegetable must accompany a lunch.

Lunch Prices

Student \$4.10-4.60
Adult \$4.60-5.00

Available Daily

Monday, Wednesday, Friday
Mozzarella Sticks, Burgers, Grill Cheese,
Pizza, Chicken Nuggets

Tuesday & Thursdays
Pizza Crunchers, Chicken Patty, Corn
dog, Pizza, Chicken nuggets

Fruit & Veggie Selection

Fresh, canned & Frozen offered daily
Students may choose two ½ cup
servings.

Milk Selection

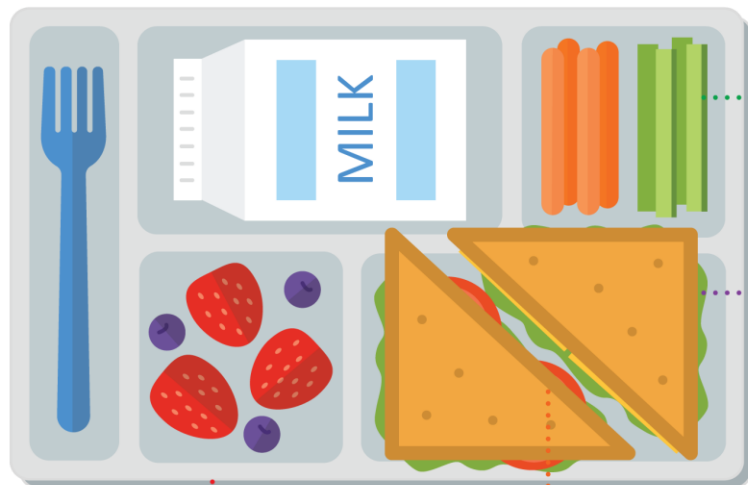
White, Chocolate, Strawberry

Your Dining Services Team

Barbara Holmes
Food Service Director
(856) 429-3960ext. 1136
HAd@nsfm.com

Monday- Villa Toscano
Tuesday -Cyclone Street Noodle
Wednesday -Asian Bar
Thursday -Picnic Bar
Friday- Mac n Cheese Bar





MILK IS MIGHTY

Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!



GNAW ON RAW

Veggie Patch, salad, and cooked. Veggies have fiber for digestion



POWER UP WITH PROTEIN

Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!



WHOLE GRAINS = WHOLE PACKAGE

Bread, cereal, and crackers. Grains give us energy!



PURSUIT FOR FRUIT

Fresh, cupped, or 100% juice, fruit is nutrient-packed!

WHAT IS A SCHOOL LUNCH?

You must choose at least **3** of **5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum of $\frac{1}{2}$ cup serving of fruit or $\frac{1}{2}$ cup serving of vegetables must accompany a school lunch.

[HEADING HERE]

[add text here]



View menus on the go! SchoolCafe provides an easy way to view our menus and manage your account.



YOUR DINING SERVICES TEAM

Firstname Lastname, Food Service Director
(###) ###-#### ext. #### | email@nsfm.com



WHAT IS A SCHOOL LUNCH?

You must choose at least 3 of 5 meal components available for the school lunch price:

Meat/Meat Alternative, Choice of Vegetable, Choice of Fruit, Grain/Bread, Choice of Milk

A minimum of ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

LUNCH PRICES

Student Lunch:	\$X.XX
Adult Lunch:	\$X.XX

schoolcafé

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[HEADING HERE]

[add text here]

DAILY ALTERNATES

Grille

[add items]

deli

[add items]

Pizza

[add items]

cheffresh

[add items]

GRAVEABLES

[add items]

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